

LUNCH

2018

MARCH



Crossroads Charter Schools



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>26</p> <p>Salisbury Steak WW rolls Potato & Gravy Mixed Green Salad</p> <p>Apple sauce Milk-Variety Cals. 488 Carb. 60.97</p>	<p>27</p> <p>Chicken Patty Sandwich WW Bun Potato Chips Baby Carrots</p> <p>Pineapple Tidbits Milk-Variety Cals. 757 Carb. 100.64</p>	<p>28</p> <p>Chicken a la king WW Biscuit Mixed Green Salad Mixed Green Salad Ranch dressing Fruit Cocktail Milk-Variety Cals. 810 Carb. 148.65</p>	<p>01</p> <p>Beef Nacho Tortilla Chips Pinto Beans Squash Tomato Carrot</p> <p>Peaches Milk-Variety Cals. 810 Carb. 148.65</p>	<p>02</p> <p>Corn Chowder WW Rolls Baby Carrots Ranch Dressing Mandarin Orange Milk-Variety Cals. 543 Carb. 77.33</p>
<p>05</p> <p>WW Penne Beef Meat sauce WW Breadstick Mixed Green Salad Ranch dressing Peaches Milk-Variety Cals. 818 Carb. 102.17</p>	<p>06</p> <p>Chicken Nuggets Mashed potatoes Chicken gravy Broccoli salad Ranch dressing Tropical Fruit Salad Milk-Variety Cals. 467 Carb. 74.68</p>	<p>07</p> <p>Nacho Burger WW Bun BBQ Chips Spinach Salad Ranch dressing Pears Milk-Variety Cals. 527 Carb. 54.00</p>	<p>08</p> <p>SW Chicken Fajita Spanish Rice WG Breadstick Squash Tomato Carrot Fruit cocktail Milk-Variety Cals. 650 Carb. 80.90</p>	<p>09</p> <p>Beans & Cheese Burrito Cilantro Rice Picante Sacue PC Mixed Green Salad Ranch dressing Watermelon Milk-Variety Cals. 761 Carb. 103.27</p>
<p>12</p> <p>Spaghetti & Meatballs WG Breadstick Mixed Green Salad Ranch dressing Apple sauce Milk-Variety Cals. 963 Carb. 136.89</p>	<p>13</p> <p>BBQ Chicken Sandwich WW Bun Potato Chips Peas & Carrots Salad Pineapple Tidbits Milk-Variety Cals. 759 Carb. 92.9</p>	<p>14</p> <p>Beef & Bean Burrito Spanish Rice Enchilada sauce Mixed Green Salad Fruit Cocktail Milk-Variety Cals. 493 Carb. 80.63</p>	<p>15</p> <p>Chicken tenders Mashed Potato Chicken gravy Squash Tomato Carrot Ketchup pc Peaches Milk-Variety Cals. 534 Carb. 77.6</p>	<p>16</p> <p>Mac & Cheese WW Rolls Baby carrots Ranch Dressing Whole apple Milk-Variety Cals. 639 Carb. 76.52</p>
<p>19</p> <p>Meatloaf Scalloped Potatoes WW Rolls Broccoli Salad Ranch dressing Peaches Milk-Variety</p>	<p>20</p> <p>Chicken Alfredo Penne Pasta WG Breadstick Mixed Green Salad Ranch dressing Tropical Fruit Salad Milk-Variety</p>	<p>21</p> <p>Chicken & Waffle Syrup Peas & Carrots Salad Pears Milk-Variety</p>	<p>22</p> <p>Mini Corn Dogs Mac & Cheese Cauliflower Celery Red onion Ranch dressing Fruit cocktail Milk-Variety</p>	

SPRING BREAK!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER